Number of extension and outreach Programs conducted in collaboration with industry, community and Non- Government

Organizations through NSS/NCC/Red Cross/YRC etc., during the year 2020-21



P.O.: Khatra, Dist. Bankura, West Bengal, Pin: 722140

Phone: 8900057220 E-mail: khatraacollege@gmail.com/ kacollege@rediffmail.com/

Website: www.kamv.ac.in NAAC Accredited B+ (2<sup>nd</sup> Cycle)

Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc. during the year: 2020-21

Sl. No.		Organising unit/ agency/	Year of the	Number of Students
8	Name of the activity	collaborating agency	activity	Participates
1	Dengue Awareness Programme in adopted Villages	NCC & NSS (Unit I, II & III)	2020	3
2	Webinar on Awareness Programme on Dengue			
	during the Covid 19 Pandemic (Online)	NCC & NSS (Unit I, II & III)	2020	95
3	International Yoga Day Celebration (Online)	NCC & NSS (Unit I, II & III)	2021	50
4	Tika Karan Utsav	NCC & NSS (Unit I, II & III)	2021	3

Coordinator

IQAC Khatra Adibasi Mahavidya'-Khatra, Bankura

Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

Programme Officer

N.S.S. Unit-II Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

3KAKton Hossai Programme Officer R.S.S. Unit- 111

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Khatra Adibasi Mahavidyalaya

Khatra :: Bankura



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NAAC Accredited B+ (2<sup>nd</sup> Cycle)

Title of the programme: Awareness Programme on Dengue during Covid 19

Organized by: NSS (Unit I, II and III)

Date of the programme: 13th August, 2020

Number of teacher participants: 3

Place of activity: Adopted Village



Principal

hatra Adibasi Mahavidyala

Khatra, Bankura

### REPORT

# Awareness Programme on Dengue during COVID-19 Pandemic

Organized by

KHATRA ADIBASI MAHAVIDYALAYA

Aleke Sham Coordinator IQAC

Khatra Adibasi Mahavidyalavo Khatra, Bankura

#### Introduction:

National Service Scheme has important role in society building and creating awareness among students and their locality about important social issues. As per guidelines provided by National Service Scheme (2006), every institution has to organize awareness programmes regularly. National Service Scheme Units-I, II & III, Khatra Adibasi Mahavidyalaya organized an Awareness Programme on Dengue during COVID-19 Pandemic on 13.08.2020 (Thursday) in adopted villages.

### Participants:

In the situation of COVID-19, gathering was restricted, yet creating awareness was important. So, 3 Programme officers, 19 NSS Volunteers and 2 faculty members conducted awareness programme on dengue in adopted villages.

Sprogramme Officer
N.S.S. Unit-I
Khatra Adiban situ bidyalaya
Khatra Ta

Programme Officer
N.S.S. Unit-II
N.S.S. Mahavidyalaya
Khatra Adibasi Mahavidyalaya
Khatra:: Bankura

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### Goal:



The most useful word in our life is 'Prevention is better than cure'. Goal of this programme was to develop awareness among the villagers of adopted villages about dengue so that they take preventive measures to prevent the outbreak of dengue. This will lead to alleviation of human sufferings, even in the far-flung remote areas in a locality.

### Aims and Objectives: -

- The basic objective of this webinar was to develop awareness among the students about dengue and its causes and how harmful it is for us.
- The second objective was to make students aware about its preventive measures so that they can aware people in their locality about this issue.
- Thirdly, if people are aware, they can easily prevent dengue which can promote healthy lifestyle.
- We know the proverb, 'Health is wealth'. This awareness can make their life healthy and promote good habit which can build a good character.

**Events:** 

Khatra Adibasi Mahavidyalaya Khatra, Bankura Khatra Adibasi Mahavidyal

In this programme, NSS programme officers and other local faculty members went to the adopted village.

They made people aware about the harmful effects of dengue and how they could prevent dengue.

Programme Officer N.S.S. Unit-I

Khatra Adibasi Mahavidyalaya Khatra :: Bankura Programme Officer
N.S.S. Unit-II

N.S.S. Omen Khatra Adibasi Mahavidyalaya Khatra :: Bankura Cogramme Officer
N.S.S. Unit-14

Phatra Adibasi Mahavidoslava Laute, Bankura, Pur-727340

# Snapshots of Dengue Awareness Campaign on 13.08.2020



Snapshots of Dengue Awareness Campaign on 13.08.2020



Principal

(Patra Adibasi Mahavidyalay:
Khatra, Bankura

Make Showing Coordinator IQAC

Adibasi Mahavidyalaya Chatra, Bankura

Satyanit Datta, Programme Officer N.S.S. Unit-I Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

Programme Officer N.S.S. Unit-II Khatra Adibasi Mahavidyalaya Khatra :: Bankura SK. AKtor Hossain

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Satyayit Datta.

Programme Officer
N.S.S. Unit-1

Khatra Adibasi Mahavidyalaya Khatra :: Bankura Programme Officer

Programme Officer N.S.S. Unit-II Khatra Adibasi Mahavidyalaya Khatra :: Bankura SK. AKton Hassai.

Programme tifficer MASS, Only-111 Photos Adilbad Mahavalandaya Lautra, Lankura, Pair 222330



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NAAC Accredited B+ (2nd Cycle)

Title of the programme: Webinar on Awareness Programme on Dengue during

the Covid 19 Pandemic

Organized by: NSS (Unit I, II and III) Date of the programme: 28th August, 2020

Invited Speaker: Dr. Ashoke Kumar Nandi, MBBS, MD, FIAMS

Number of student participants: 95 Number of teacher participants: 11

Place of activity: Webinar

### REPORT

### Webinar on Awareness Programme on Dengue during the COVID-19 Pandemic

Organized by

National Service Scheme Unit-I, II & III

KHATRA ADIBASI MAHAVIDYALAYA

Khatra, Bankur

Khatra Adibasi Mahavidyalaya Khatra, Bankura

#### Introduction:

National Service Scheme has important role in society building and creating awareness about important social issues among students and people in the locality. As per guidelines provided by National Service Scheme (2006), every Institution has to organize awareness programme as a regular activity. Khatra Adibasi Mahavidyalaya (NSS Units I, II & III) organized webinar in Google meet on the topic of 'Awareness Programme on Dengue during the Covid 19 Pandemic' on 28th August 2020 (Friday).

#### Participants:

In this webinar Dr. Ashoke Kumar Nandi, MBBS, MD, FIAMS delivered his talk on the topic of 'Awareness Programme on Dengue during the Covid 19 Pandemic' and 95 Students and 11 faculty

Programme Office N.S.S. Unit-I

Khatra Adibas, Mahavidyalaya Kharm ... Bankura

N.S.S. Unit-II Khatra Adibasi Mahavidyalaya Khalra :: Bankura

members from various departments participated in this awareness programme. After this webinar,

volunteers played active role to make their respective communities aware on this issue.

Goal:

The most useful word in our life is 'Prevention is better than cure'. Goal of this webinar was to develop awareness among the NSS volunteers about dengue so that they take preventive measures to prevent the

outbreak of dengue. This will lead to alleviation of human sufferings, even in the far-flung remote areas.

Aims and Objectives: -

The basic objective of this webinar was to develop awareness among the students about dengue, its causes

and how harmful it is for us.

The second objective was to make students aware about its preventive measures so that they can aware

the people in their locality.

Thirdly, if the people are aware, they can easily prevent dengue which can promote healthy lifestyle and

save money also.

We know the proverb, 'Health is wealth'. This awareness can make their life healthy and promote good

habit which can build a good character.

Events:

In this webinar Dr. Ashoke Kumar Nandi, MBBS, MD, FIAMS delivered his talk on the topic of 'Awareness Programme on Dengue during the Covid 19 Pandemic'. Dr. Nandi is very efficient and eminent personality in his field. In this pandemic situation he has rendered his service continuously without fear. He was in a liaison between Health Department, Govt. of West Bengal and Arambagh Sub-Divisional Health Section.

He delivered his lecture regarding dengue in this pandemic situation.

Programme Officer

N.S.S. Unit-I Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

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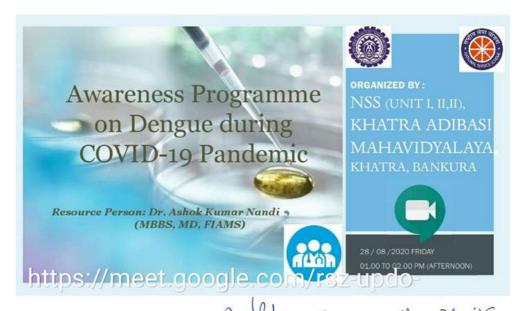
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# Notice and google meet link for Awareness Programme on Dengue during the Covid 19 Pandemic'



Principal
Khatra Adibasi Mahavidyalaya
Khatra, Bankura

Coordinator
IQAC
Khatra Adibasi Mahavidyalaya

Khatra Adibasi Mahavidyalay Khatra, Bankura

You tube link of the webinar: https://www.youtube.com/watch?v=nlOi7v9tiTw

Satyant Data,
Programme Officer
N.S.S. Unit-1

Khatra Adibasi Mahavidyalaya Khatra :: Bankura Programme Officer N.S.S. Unit-II

Khatra Adibasi Mahavidyalaya Khatra :: Bankura SK. AKtan Hossain

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P.O.: Khatra, Dist. Bankura, West Bengal, Pin: 722140 Phone: 8900057220 E-mail:khatraacollege@gmail.com/ kacollege@rediffmail.com Website: www.kamv.ac.in NAAC Accredited B+ (2nd Cycle)

Title of the programme: International Yoga Day Celebration

Organized by: NSS (Unit I, II and III)

Date of the programme: 21st June, 2021

Number of student participants: 50

Number of teacher participants: 3

Place of activity: Virtually from Home

#### REPORT

### International Yoga Day Celebration

Organized by National Service Scheme UNITS (Unit-I, II AND III)

#### KHATRA ADIBASI MAHAVIDYALAYA

#### Introduction:

National Service Scheme has important role in society building and creating awareness among students and their locality. They provide various voluntary services for the welfare of the society. As per guidelines provided by National Service Scheme 2006, every Institution has to organize different celebration programme as a regular activity. In recognition of the holistic significance of yoga in the lives of individuals, Khatra Adibasi Mahavidyalaya of NSS Unit-I, II & III was celebrated the International Yoga Day on June 21, 2021. In the situation of COVID-19 pandemic, student gathering Khatra, Bank of this programme was restricted in the college campus. So, 50 NSS volunteers celebrated the day actively and performed various asana in their home as instructed by NSS officer.

rogramme Officer N.S.S. Unit-1

thatra Adibasi Mahavidyalaya Khatra :: Bankura

IOAC hatra Adibasi Mahavidyata n Khatra, Bankura

Programme Officer

N.S.S. Unit-II Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

SK. AKKON Hossain Programme Officer R.S.S. Unit- III

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### Participants:

Principal,3 NSS Programme officers, 50 NSS volunteers (29 Female, 21 male) participated in the Yoga Demonstration in their house on the occasion of International Yoga Day Celebration.

### Aims and Objectives: -

Yoga is an ancient physical, mental and spiritual practice that originated in India. Today it is practiced in various forms around the world and continues to grow in popularity.

### Aims and objectives of the International Yoga Day celebration are following-

- > The International Day of Yoga aims to raise awareness among students, NSS volunteers and other stakeholders of the college about various benefits of practicing yoga.
- Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions. So, they have to achieve it in their life.
- > Yoga embodies unity of mind and body, thought and action a holistic approach that is valuable to our health and our well-being. Yoga is not just about exercise; it is a way to discover the sense of oneness with yourself, the world and the nature.

#### Events: -

Khatra, Bankura

Their session started with prayer followed by warm-up, after which several uplifting asana, breathing exercises and relaxation techniques were instructed and discussed through telephonic conversation and NSS programme officers also emphasized the relevance of everyday yoga in preventing ailments, strengthening core and keeping oneself calm. Participants also performed 'Surya Namaskar', 'Ardha Chakrasan' 'Dhanurasan' and various other asana in their home and partook its enriching benefits.

Satyanit Datta.

Khatra Adibasi Mahavidyalaya

Khatra :: Bankura

Khatra Adibasi Mahavidyalava

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Khatra Adibasi Mahavidyolaya Khatra, Bankura

# Snapshots of "International Yoga Day" Celebration on 21.06.2021









Khatra Adibasi Mahawidyalaya Khatra, Bankura

> Alone Shamio Coordinator IQAC

atra Adibasi Mahavidyalaya Khatra, Bankura

Soty The Datha Programme Officer N.S.S. Unit-1

Khatra Adih Pavidyalaya Khatra ... dankura Colorano Come N.S.S. Unit-ii

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### Snapshots of "International Yoga Day" Celebration on 21.06.2021









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Khalia : Bankura

Programme Officer N.S.S. Unit-II Khalra Adibasi Mahavidyalaya Khalra:: Bankura

SK. Alztan Hossain



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Phone: 8900057220 E-mail:khatraacollege@gmail.com/ kacollege@rediffmail.com

Website: www.kamv.ac.in NAAC Accredited B+ (2nd Cycle)

Title of the programme: Tikakaran Utsav

Organized by: NSS (Unit I, II and III)

Date of the programme: 11th April to 14th April 2021

Number of teacher participants: 3

Place of activity: Adjacent villages

Report: Engagement of NSS Volunteers in "Tikakaran Utsav" from 11th April to 14th April 2021

As an effort to discontinue of the spread of COVID-19 the NSS Volunteers under the guidance of Institutional Program Officers (NSS) have moved jointly with the Faculties of Khatra Adibasi Mahavidyalaya on and from 11th April to 14th April 2021 & involved themselves in the "Tikakaran Utsav Mahatma Jyotiba Rao Phule" to create a mass awareness for helping the elders and others to take the vaccine of COVID-19 for resisting the deadly effect ofthe virus. The time schedule of the program has been built within the time commemorating the Birth Anniversaries of [11th April] and Babasaheb Bhimrao Ambedkar [14th April]. The following initiatives have been taken for making the program successful.

- > The NSS volunteers were informed timely by the Program Officers (NSS) in this Pandemic situationmentioning the nobility and effectiveness of the program as a part of communication training plan.
- The awareness program was inaugurated by the convincing introductory lecture of the Principal of ourCollege.
- > The NSS volunteers moved to every door of the adjacent villages and took the communication challenges an explained their best about the importance of the vaccination with the following additions.
  - 1. To motivates in receiving the vaccine with confidence without any hesitation.
  - 2. To make people aware of the correct information and the location of vaccination centers.
  - 3. To make them away from dis/misinformation and misleading myths.

Khatra, Bank 4. To make them aware about the minimal temporary side effects and low-risk perception of the

Chatra Adibasi Mahavidya Khatra Ad 1988 Mahavidyalaya

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Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Khatra Adibasi Mahavidy

vaccination.

- 5. To make them aware about the document required to get the vaccine.
- 6. To make them aware about safety and timelines and the free vaccination processes scheduled by the Govt.
- 7. To make people understand the phased approach prioritizing the target groups in terms of age & degree of inherent chronic diseases.
- The outcome of the program as realized that:
  - Our volunteers successfully made the people aware of the COVID protocol.
  - A few people have already taken the vaccine. The hesitancy in taking vaccine has been diluted by the efficacy overcoming the apprehensions surrounded by side effects and misconceptions.
  - The people those were not aware about the importance of the vaccination finally got motivated and agreed to go through the process as early as possible maintaining the COVID protocol.
  - 4. Because of the Govt. approach for the vaccination process is reaching all the people across all states of thecountry, this has been highly appreciated by everyone.
- > Total 62 NSS volunteers were in action throughout the whole program in the pandemic situation.
- The "Tikakaran Utsav" also motivated the college faculties to take part in assisting the Program Officers (NSS) and the NSS Volunteers throughout the program. A pictorial version of the program is attached herewith.

Coordinator

IQAC Khatra Adibasi Mahavidya' Khatra, Bankura

N.S.S. Unit-I Khatra Adibasi Mahavidyalaya Khatra :: Bankura

Programme Officer

N.S.S. Unit-II Khatra Adibasi Mahavidyalaya Khatra :: Bankura Programme Officer
R.S.S. Distriby
Photographs of Laboratory

Adibasi Mahavidyala

# "Tikakaran Utsav" from 11<sup>th</sup> April to 14<sup>th</sup> April 2021

KHATRA ADIBASI MAHAVIDYALAYA, KHATRA, BANKURA, W.B.-722140



















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Adibasi Mahaviaya Programme Officer N.S.S. Init-I

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Khatra Adibasi Mahavidyala Khatra, Bankura AKKON HOSSOCIA

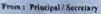
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NAAC Acredited : B+



Ref. No.: KAM/NSS Tikukaran 2020-2111 ...

Date: 16,04,2021

Report: Engagement of NSS Volunteers in "Tikakaran Utsav" from 11th April to 14th April 2021

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  - 3. To make them away from dis/misinformation and misleading myths.
  - 4. To make them aware about the minimal temporary side effects and low-risk perception of the vaccination.
  - 5. To make them aware about the document required to get the vaccine.
  - 6. To make them aware about safety and timelines and the free vaccination processes scheduled by the Govt.
  - 7 To make people understand the phased approach prioritizing the target groups in terms of age & degree of inherent chronic diseases.
- > The outcome of the program as realized that:
  - 1. Our volunteers successfully made the people aware of the COVID protocol.
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  - 3. The people those were not aware about the importance of the vaccination finally got motivated and agreed to go through the process as early as possible maintaining the COVID protocol.
  - 4. Because of the Govt. approach for the vaccination process is reaching all the people across all states of the country, this has been highly appreciated by everyone.
- Total 62 NSS volunteers were in action throughout the whole program in the pandemic situation.
- The "Tikakaran Utsav" also motivated the college faculties to take part in assisting the Program Officers (NSS) and the NSS Volunteers throughout the program. A pictorial version of the program is attached

[Dr. Parthasarothi Hati]

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NSS Program Officers

[Umt-L Unit-II & Unit-III]

Khatra Adibasi Mahavidyalaya

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Khatra Adibasi Mahavidyalava Khatra, Bankura

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